

How to Make Salt Dough

Making salt dough is a really fun and easy activity and the chances are you already have all of the ingredients in the cupboard. Do take care to remind little ones that the salt dough is not edible though!

Makes 1 ball

Prep 10 minutes

Cook 3 hours

Ingredients

- 1 cupful of plain flour (about 250g)
- half a cupful of table salt (about 125g)
- half a cupful of water (about 125ml)

Method

1. Preheat the oven to its lowest setting and line a baking sheet with baking parchment.
2. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball.
3. Transfer the dough to a floured work surface and shape into different vegetables
4. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid.
5. Leave to cool and then paint
6. Your vegetables are now ready to play with in your shop or home corner.

