My Growing Story Timeline: stick a picture of you when you were a baby, 1, 2, 3, (and 4 and 5 if that's how many birthdays you've had) in each of the top boxes and have a go at writing about what you can do in the box underneath it (or tell mummy/daddy or whoever looks after you so they can write for you).

Q: How old are you in each picture? What could you do then? What can you do now? I can...

0	1	2	3	4	5